NASSER JOSEPH G

Form 4 May 03, 2011

# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

2. Issuer Name and Ticker or Trading

OMB APPROVAL

OMB Number: 3235-0287

Expires: January 31, 2005

Estimated average burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \*

NASSER JOSEPH G  (Last) (First) (Middle)			Symbol NBT BANCORP INC [NBTB] 3. Date of Earliest Transaction					Issuer (Check all applicable)			
(Street)			4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check			
NORWICH	I	Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)  NBT Bancorp Inc. Common Stock	2. Transaction Date (Month/Day/Year)  05/01/2011		Date, if	Code (Instr. 8)	4. SecurionAcquirectonAcquirecton Disposector (Instr. 3, Amount 930	d (A) of d of (D 4 and (A) or	))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
NBT Bancorp Inc. Common Stock								26,511	I	Custodian for Minor	
NBT Bancorp								431.732	I	by Spouse	

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Inc.
Common
Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)		
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Shares
Non-Qualified Stock Option (right to buy)	\$ 20.7492					05/01/2006(2)	05/01/2015	NBT Bancorp Inc. Common Stock	300
Non-Qualified Stock Option (right to buy)	\$ 21.74					05/01/2007(2)	05/01/2016	NBT Bancorp Inc. Common Stock	520
Non-Qualified Stock Option (right to buy)	\$ 22.4842					05/01/2008(2)	05/01/2017	NBT Bancorp Inc. Common Stock	300
Non-Qualified Stock Option (right to buy)	\$ 22.5508					05/01/2009(2)	05/01/2018	NBT Bancorp Inc. Common Stock	620
	\$ 23.2708					01/20/2006(2)	01/20/2015		630

Non-Qualified Stock Option (right to buy) NBT Bancorp Inc. Common Stock

## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

NASSER JOSEPH G 52 SOUTH BROAD STREET X NORWICH, NY 13815

### **Signatures**

By: F. Sheldon Prentice, Power of Attorney For: Joseph

Nasser 05/03/2011

\*\*Signature of Reporting Person

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Acquired pursuant to the NBT Bancorp Inc. 2008 Omnibus Incentive Plan. Each outside director is entitled to receive an annual retainer for Board service in the form of restricted stock units of the Company's common stock that vests in three annual installments.

Date

Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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