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REED MAF Form 4										
December 3 FORN Check th	1 4 UNITEI	 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 20(b) of the Investment Company Act of 1940 								
if no lon subject t Section Form 4 o Form 5 obligatio may con <i>See</i> Instr 1(b).	o STATE 16. or Filed pu ^{ons} Section 17									
(Print or Type 1. Name and A REED MA	Symbol	er Name an ZON COM /Z]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle) VERIZON COMMUNICATIONS INC., 1095 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 12/27/2018				Director 10% Owner XOfficer (give title Other (specify below) below) EVP & Chief Admin. Officer			
				endment, D onth/Day/Yea	-	I	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tal	ole I - Non-J	Derivative	Securities	Acquired, Disposed of	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution I any (Month/Day/Security)			Date, if	3. Transactio Code (Instr. 8)	4. Securiti onAcquired Disposed (Instr. 3, 4	(A) or of (D)	SecuritiesHBeneficially(Owned(. Ownership form: Direct D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Reminder: Re	port on a separate lin	ne for each cl	ass of sec	Code V		(D) Pric	e			
	-r-mie m				<i>j</i>					

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative2.Conversion or ExerciseConversion or Exercise(Instr. 3)Price of Derivative Security		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code		5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. F Der Sec (Ins
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock (unitized)	<u>(1)</u>	12/27/2018		А		80.822		<u>(1)</u>	<u>(1)</u>	Common Stock	23	\$
Repor	ting Ov	wners										
Reporting Owner Name / Address Director			Director 10% (Relationships Dwner Officer					Other			
REED MARC C VERIZON COMMUNICATIONS INC. 1095 AVENUE OF THE AMERICAS NEW YORK, NY 10036				EVP & Chief Admin. Of					cer			
Signat	ures											
William L Reed	. Horton, Jr	., Attorney-in-fact	t for Marc C.		12	2/31/2018	\$					
	<u>**</u> Signatur	re of Reporting Person				Date						
Explar	nation	of Respor	ises:									
* If the fo	rm is filed by	more than one reporting	ng person, see Instruc	ction 4(l	b)(v	7).						

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- Each share of phantom stock is the economic equivalent of a portion of one share of common stock and is settled in cash. The shares of (1) phantom stock become payable upon events established by the reporting person in accordance with the deferred compensation plan.
- (2) Includes phantom stock acquired through dividend reinvestment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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