

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

Effective August 31, 2017, Nature's Sunshine Products, Inc. (the "Company") appointed Ms. Adriana Mendizabal as its Chief Marketing Officer. Ms. Mendizabal will continue to serve as the Company's President of NSP Americas. In consideration of Ms. Mendizabal's additional responsibilities, the Company increased her annual salary from \$293,868 to \$350,000, raised her annual target cash incentive amount from 50% to 55% percent of her annual salary, and granted her 7,500 restricted stock units, which vest annually in three equal installments over a three year period.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

NATURE'S SUNSHINE PRODUCTS, INC.

Dated: September 6, 2017 By: /s/ Joseph W. Baty
Joseph W. Baty, Executive Vice President,
Chief Financial Officer and Treasurer