INTERNATIONAL SHIPHOLDING CORP Form 8-K	
December 30, 2015	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION	
WASHINGTON, D.C. 20549	
FORM 8-K	
CURRENT REPORT	
Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 19	934
Date of Report (Date of Earliest Event Reported)	
December 30, 2015	
INTERNATIONAL SHIPHOLDING CORPORATION	
(Exact name of registrant as specified in its charter)	
Commission file number – 001-10852	
Delaware (State or other jurisdiction of incorporation or organization)	36-2989662 (I.R.S. Employer Identification Number)
11 North Water Street, Suite 18290 Mobil (Address of principal executive offices)	le, Alabama 36602 (Zip Code)
(251) 243-9100 (Registrant's telephone number, incl	luding area code)
Check the appropriate box below if the Form 8-K filing is intended to the registrant under any of the following provisions:	o simultaneously satisfy the filing obligation of
[] Written communications pursuant to Rule 425 under the Securities	es Act
[] Soliciting material pursuant to Rule 14a-12 under the Exchange A	Act
[ ] Pre-commencement communications pursuant to Rule 14d-2(b) r	inder the Exchange Act

[] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act

Item 8.01Other Events.

On December 30, 2015, International Shipholding Corporation issued a press release providing an update on the implementation of its Strategic Plan, which the Company announced on November 16, 2015. A copy of the press release is filed as Exhibit 99.1 to this report.

Item 9.01Financial Statements and Exhibits.

(d)Exhibits.

The exhibit to this Current Report is listed in the Exhibit Index, which appears at the end of this report and is incorporated by reference herein.

Caution concerning forward-looking statements

Except for historical and factual information, the matters set forth in this report and future oral or written statements made by us or our management, including statements regarding our 2015 guidance, and other statements identified by words such as "estimates," "expects," "anticipates," "plans," and similar expressions, are forward-looking statements within the meaning of the "safe harbor" provisions of the Private Securities Litigation Reform Act of 1995. These forward-looking statements are based on current expectations only, and are subject to a number of assumptions, risks and uncertainties, many of which are beyond our control. Actual events and results may differ materially from those anticipated, estimated, projected, expressed or implied by us. Accordingly, you are cautioned not to place undue reliance upon any of our forward-looking statements, which are inherently speculative and speak only as of the date made. We undertake no obligation to update or revise, for any reason, any forward-looking statements made by us or on our behalf, whether as a result of new information, future events or developments, changed circumstances or otherwise.

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

#### INTERNATIONAL SHIPHOLDING CORPORATION

By:/s/ Manuel G. Estrada

Manuel G. Estrada

Vice President and Chief Financial Officer

Date:December 30, 2015

### Exhibit Index

ecemb

Exhibit No. Description

99.1 Press Release dated December 30, 2015.