GENERAL MILLS INC

Form 4

March 29, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

3235-0287

0.5

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

OMB APPROVAL

Estimated average burden hours per

response...

Section 16. Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * DEMERITT STEPHEN R			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
(Lost)	(Finat)	(M:44la)	GENERAL MILLS INC [GIS]	(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction			
			(Month/Day/Year)	X Director 10% Owner		
GENERAL MILLS, NUMBER ONE			03/28/2005	_X_ Officer (give title Other (specify		
GENERAL MILLS BLVD.				below) below)		
OENEKAL WI	ILLO DL V	D.		Vice Chairman		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
				X Form filed by One Reporting Person		
MINNEAPOL	IS, MN 554	426		Form filed by More than One Reporting Person		

(City)	(State) (Z	Table Table	I - Non-Do	erivative S	ecurit	ies Acquire	ed, Disposed of,	or Beneficially	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)	(,	
COMMON STOCK	03/28/2005		M	29,763	A	\$ 31.28	0	D	
COMMON STOCK	03/28/2005		F	23,526	D	\$ 50.145	179,443	D	
COMMON STOCK							8,873	I	See Footnote (2)
COMMON STOCK							1,840	I	See Footnote

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercis	sable and	7. Title and Am	ount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orDerivative	Expiration Date		Underlying Securities	
Security	or Exercise		any	Code	Securities	(Month/Day/Y	ear)	(Instr. 3 and 4)	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A)				
	Derivative				or Disposed of				
	Security				(D)				
					(Instr. 3, 4,				
					and 5)				
						ъ.	.		Amoun
						Date	Expiration	Title	or
				G 1 17	(1)	Exercisable	Date		Numbe
				Code V	(A) (D)				of Shar
OPTION								COMMON	
	\$ 31.28	03/28/2005		M	29,763	12/09/2001	01/09/2007		29,76
TO BUY								STOCK	

Reporting Owners

Reporting Owner Name / Address	TCIMIOISIIPS					
	Director	10% Owner	Officer	Other		

DEMERITT STEPHEN R GENERAL MILLS NUMBER ONE GENERAL MILLS BLVD. MINNEAPOLIS, MN 55426

X

Vice Chairman

Relationships

Signatures

Elizabeth Wittenberg by Power of Attorney on behalf of STEPHEN DEMERITT

03/29/2005

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) By spouse. The Reporting Person disclaims beneficial ownership.
- (2) Held in Trust by the Trustee of the General Mills Savings Plan.
- (3) Employee option (right to buy) granted by the Compensation Committee of Board of Directors of General Mills, Inc. under shareholder-approved stock option plans.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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